

# Why Solar Cycles? Modeling the Dynamics of Solar Activity

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## Abstract

Amazingly, helium nano-droplets and the helium-containing sun when active have the same torus-shaped fast spinning nonlinear electromagnetic fields (NEMFs) with the same dynamics. The fact that our Sun changes its magnetic polarity periodically and regularly (known as periodic flipping of the magnetic poles of the Sun) actually means periodic switches of the directions of spinning of the nonlinear electromagnetic field (NEMF) of the Sun. When the Sun spins clockwise like a vortex, it sucks energy in through both magnetic poles at the two ends of the axis of spinning. This speeds the sun's spinning, which bulges the Sun at the equator and increases the turbulent activity there, making the Sun more active. When the Sun spins counterclockwise as an anti-vortex, it loses energy out through its magnetic poles. This shapes it as a lemon, shrinks the equatorial area, and ceases the solar activity. This is the basis of the observed periodic switches of high and low activity of our Sun (and also of helium nano-droplets). The article offers a dynamic model, which explains the periodic changes of high and low solar activity.

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**Index terms**— why solar cycles; modeling solar dynamics; reversal of sun's magnetic polarity; reversal of sun's direction of spinning.

## 1 Solar Activity

Prof. Maria Kuman Holistic Research Institute sun when active have the spinning nonlinear electromagnetic fields (NEMFs) with the same polarity periodically and regularly (known magnetic poles of the Sun) actually means periodic switches of the electromagnetic field (NEMF) of the Sun. When the Sun magnetic poles at the two ends of speeds the sun's spinning, which bulges the Sun at the equator and Sun more active. When the Sun spins tic poles. This shapes it the solar activity. This is the basis of the switches of high and low activity of our Sun (and also of helium nanoexplains the periodic changes of high and reversal of sun's magnetic polarity; reversal FOR Code: 020109 FOR Code: 020109I. Introduction

et us introduce some concepts of nonlinear physics, which we would need. The flux of running river-water would be linear, if the bottom of the river is smooth. However, if there is a big stone on the bottom of the river, the water needs to flow around the stone and the water flux becomes nonlinear. Behind the stones, turbulence would be observed manifested with a couple of: vortex spinning clockwise and anti-vortex spinning counterclockwise.

Following the law of the folded fingers of the right hand in physics, when the folded fingers show the direction of the currents (or the direction of spinning), the vertical thumb show the direction of the induced magnetic field. Following this law, the vortices (which spin clockwise) would induce magnetic field toward the surface. This would make the vortices to suck energy in. Following the same law, the anti-vortices (which spin counterclockwise) would induce magnetic field off the surface, which would make the anti-vortices to emit energy.

## 2 II. The Dynamics of Fast Spinning Liquid

Helium Nano-Droplets

In the November's journal of Physics Today, 2014, p. 16, Ashley Smart wrote the article Quantized Vortices in a Nanodroplet, 1 in which she describes the unusual behavior observed in super-fluid fast-spinning helium nanodroplets at temperatures close to the absolute zero.

### 3 III. NANODROPLETS, STARS, AND HUMANS

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44 The cited by her authors 2 observed switching of the nanodroplets between two stages. First, stage a) in which  
45 a lattice of Bragg's peaks of neutron scattering were observed seen on Fig. 1 panel a) as dots. At this stage, the  
46 droplet had the shape of a torus spinning around axis passing through the hole of the torus. The spinning made  
47 the torus bulged at the equator and had an ordered array of quantized alternating vortices and anti-vortices in  
48 its equatorial area from which the neutron scattering originated.

49 However, at stage b) Bragg's peaks of neutron scattering were not observed, which means there were no vortices  
50 and anti-vortices any more. Not only this, the X-ray diffraction on Fig. 1 panel b) showed more widely spaced  
51 diffraction lines along the axis of spinning of the donut. This means that the droplet now emits energy through  
52 both ends of the axis of spinning. The X-ray diffraction also shows more narrowly spaced diffraction lines at the  
53 equator of the donut, which means that the emitted energy through the poles shrunk the droplet at the equator  
54 and eliminated its turbulence. The X-ray diffraction shows that the nanodroplet in stage b) has the shape of an  
55 elongated lemon, which emits energy from both ends of the axis of spinning (magnetic poles).

56 However, the authors of the article on helium nanodroplets 2 still wanted to see the droplets in stage b) shaped  
57 as a donut flattened at the poles and bulged at the equator. But the fact that Bragg's neutron scattering was not  
58 observed means that vortices and anti-vortices were not present, which should tell them that something dramatic  
59 had happened. Indeed, the X-ray diffraction on panel b) shows that the droplet has emitted energy through the  
60 poles, and its turbulence (vortices and antivortices) has disappeared.

61 At the end of her article, when Ashley Smart tries to explain the lack of neutron-scattering peaks for the  
62 droplet on panel b) (which means lack of vortices and anti-vortices), she cites the authors' opinion that this could  
63 be a sign of new physics. 2 Yes, this new physics is already developed -it is nonlinear physics -the physics of  
64 dynamic systems.

### 65 3 III. Nanodroplets, Stars, and Humans

66 Have the Same Torus (Donut) Shape NEMFs Amazingly, just as the helium nanodroplets, the helium containing  
67 stars exhibit similar dynamics of sucking or emitting energy through both ends of the axis of spinning of their  
68 donut shaped NEMF. In double stars, it was observed how the dimmer star was sucking energy from the brighter  
69 star through the hole of its donut-shaped NEMF, while the brighter star was losing energy also through the  
70 hole of its donut. This was continuing until the energies of both stars became equal. 3,4,5 Recently, Sarafina  
71 Nance of the University of Texas at Austin claimed in an article published in Monthly Notices of the Royal  
72 Astronomical Society that the rapid spinning of the famous star Betelgeuse was probably a result of swallowing  
73 another star. 3 Since in double stars the old dimmer star sucks energy from the younger brighter star through its  
74 donut hole the swallowed star was probably sucked through the hole of the donut shaped NEMF of Betelgeuse.  
75 4,5 Periodic emission of energy from the magnetic poles of a neutron star was first observed in 1967 and later  
76 these neutron stars were called pulsars. Presently, there are about 2,000 known radio-pulsars emitting radio  
77 waves from their magnetic poles. The X-ray pulsars, which emit X-rays from their magnetic poles, are called  
78 magnetars because of their extremely strong magnetic fields 10<sup>14</sup>-10<sup>15</sup> G. 6 First, scientists thought that the  
79 emission is powered by the energy of the pulsars' spinning, but recent theories based on computer simulations  
80 claim that magnetars' emissions are powered by gradients and instabilities of the star's magnetic field. 1 However,  
81 we should not forget that the spinning of NEMF cranks the magnetic field. Also, observations of the solar dy  
82 observatory (SDO) revealed that magnetic fields rule the solar activity, which agree with the computer simulations  
83 of magnetars revealing that magnetic gradients and instabilities of the star's magnetic field rule the magnetars'  
84 periodic emission from their magnetic poles. However, we should never forget that the spinning of NEMF cranks  
85 the magnetic field.

86 Measurements with our patented high energy meter of the electric component of the human Our electrical  
87 measurements at the points with alternating spinning #2 to #7 on Fig. 6\* of the human torus-shaped NEMF  
88 at positive thinking (blue curves) and negative thinking (pink curves).

89 The Figs. explain the energy uplift we feel at positive thinking. Our electrical measurements at the points  
90 #2 to #7 on Fig. 6\* of the human NEMF showed that at positive thinking the whole NEMF spins clockwise  
91 (Russian measurements) and electric energy is sucked from the atmosphere through the top of the head (point  
92 7 in our measurements). 8 (This is even more visible in measurements of Reiki Healers). 9 The sucked energy  
93 increases the energy of the whole body and makes it more balanced. For this reason, positive thinking makes us  
94 healthier.

95 Opposite to this, at negative thinking, the whole NEMF spins counterclockwise and loses energy, which  
96 explains why negative thinking make us feel miserable. Not only is the energy of the whole body lower, it is  
97 more unbalanced, which means negative thinking lead to a disease. Since the energy of the genetically inherited  
98 Also, observations of the solar dynamic observatory (SDO) revealed that magnetic fields rule the solar activity,  
99 which agree with the computer simulations of magnetars revealing that magnetic gradients and instabilities of  
100 the star's magnetic field rule the m their magnetic poles. However, we should never forget that the spinning of  
101 Measurements with our patented high-sensitivity energy meter of the electric component of the human spinning  
102 donut-shaped NEMF (Fig. ?? Reiki healers, just like the stars, suck energy through the top of their head, where  
103 the hole of their donut shaped NEMF is (Fig. 6\*). 7 Russian measurements of the spinning of the human NEMF  
104 with their patented 'torsemeter' showed that happy (positi just positive thinking) make the donut shaped NEMF  
105 spin faster clockwise 7 and according to nonlinear physics and our measurements suck more energy. The Figs.

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110 thinking makes thinking, the whole NEMF spins counterclockwise and loses energy, which explains why negative  
111 thinking make us feel miserable. Not only is the energy of the whole body lower, it is more unbalanced, which  
112 means negative thinking lead to a he energy of the genetically inherited weak organ drops in energy maximum,  
113 negative thinking leads to a disease of genetically inherited weak organ.

114 shaped NEMF (Fig. ?? \* -5\*) showed that Reiki healers, just like the stars, suck energy through the top of  
115 their head, where the hole of their donut shaped Russian measurements of the spinning of the human NEMF with  
116 their patented 'torsemeter' showed that happy (positive) emotions (or just positive thinking) make the donut  
117 shaped NEMF and according to nonlinear physics and our measurements suck more energy. 8 weak organ drops  
118 in energy maximum, negative thinking leads to a disease of genetically inherited weak organ.

119 Pictured is the vertical cross-section of male's torus-shaped NEMF with alternating vortices and anti vortices  
120 along the backbone and its discrete (quantum) energy levels. Let us compare the male torus NEMF with the  
121 torus-shaped NEMF of the Sun. The androgynous solar NEMF has two chains of alternating vortices and  
122 anti-vortices running along the equator and spinning in the opposite directions in the northern and southern  
123 hemispheres. Each of the genders has only one chain of alternating vortices and anti-vortices, which are along  
124 the axis of spinning of their NEMF, and they spin in opposite directions in males and females.

125 It seems that the androgynous NEMF of the Sun has been split through the equator to get gender specific  
126 male and female NEMF. From the northern hemisphere of the Solar NEMF, the female NEMF was created.  
127 From the southern hemisphere the male NEMF was created. Since the NEMF is self-organized field, it reshaped  
128 after the split into two torus-shaped NEMFs, but now each gender has only one chain of alternating vortices  
129 and anti-vortices, which is along the axis of spinning of the male and female NEMF, and they spin in opposite  
130 directions in males and females. It seems that the androgynous NEMF of the Sun has been split through the  
131 equator to get gender m the northern hemisphere of the Solar NEMF, the female NEMF was created. From  
132 the southern hemisphere the male NEMF organized field, it shaped NEMFs, one chain of alternating vortices,  
133 which is along the axis of spinning of the male and female NEMF, and they spin in IV. As Above, So B Our Sun  
134 and the rest of the stars, which are mostly helium and spinning, seem to exhibit behavior similar to the helium  
135 nano-droplets. During solar activity, the observed numerous solar spots in the equatorial area are the openings  
136 of two chains of alterna vortices and anti-vortices running along the equator. The activity in the equatorial area  
137 results from fast spinning of the Sun in clockwise direction like a vortex, at which energy is sucked in.

138 Similar is the active state of the nano when they have a system of quantized vortices and anti vortices (in the  
139 equatorial area) observed with Bragg's neutron scattering (Fig. 1\*, panel a). During its active period, the nano-  
140 droplets spin fast clockwise like a vortex, suck energy in, are bulged at the exhibit turbulence in the equatorial  
141 area manifested as vortices and anti-vortices, which are seen as peaks with Bragg's neutron scattering.

142 Similar to the state of low solar activity when solar spots are not observed on the surface of the s the nano-  
143 droplets have a state when Bragg's neutron scattering was not observed because vortices and anti vortices were  
144 not present (Fig. 1 diffraction from nano-droplets (Fig. 1\*, panel b) shows emission of energy through both ends  
145 of the axis of spinning of NEMF, which leads to shrinking of the equatorial area and disappearing of its turbulent  
146 activity.

147 All this means that: 1/ our sun breathes energy in and out and this sustains its life just like we breathe air  
148 in and out to sustain our life. 2/ This also means that the solar energy comes from outside the sun, not from  
149 its core, as we presently chose to believe. 10 Also, the whole material world (including the electron itself) is a  
150 material body and torus-shaped NEMF. 11 It is known that the electron emits virtual photons and sucks them  
151 back in. If so, we can expect this to happen during the cycle of electron's activity when it sucks energy in, spin  
152 faster clockwise, and exhibit turbulence. However, this cycle of high activity is expected to alternate with a cycle  
153 of low activity when the electron spins counterclockwise, loses energy through both ends of the axis of spinning,  
154 which makes it elongated in this direction, and has shrunk equatorial area without turbulent activity.

155 In other words, we can expect the magnetic dipole moment of the electron, induced by the electrons spinning,  
156 to alternatively shrink and expand. This is exactly the conclusion, which Dr. Andrew Steiner reached. 12 He  
157 is a neutron-star specialist and to explain the observed behavior of neutron stars, he needed to assume that  
158 their dipole moment alternatively shrink and expand. In our understanding, this means that the spinning of the  
159 neutron stars alternatively switches between clockwise (when the neutron star is shrinking) and counterclockwise  
160 (when the neutron star is expanding).

161 So it is -as above, so below. Unfortunately, being specialized only in neutron stars and not knowing nonlinear  
162 physics (I spoke with him), he could not see that this is a global feature of all self-organized systems with  
163 torus-shaped NEMF.

## 164 4 V. Dynamic Model Explains the Dynamic of Solar Activity

165 When creating a dynamic model, let us first consider the fact that the solar wind looks like a four-leaf clove. 10  
166 The first satellites detecting solar wind (a fast running flux of electrically charged particles) found that as the  
167 Sun spins once around its axis for 27-28 days, the solar wind that strikes the earth reverses its polarity 4 times.

## 4 V. DYNAMIC MODEL EXPLAINS THE DYNAMIC OF SOLAR ACTIVITY

168 In the boundary between two 'leaves' of the solar wind, called sectors, there is a brief lull for two days. 10 This  
169 gives us the right to assume that the electromagnetic field of the Sun should be simulated with pyramids, as if  
170 the leaves of the four-leaf clover of the solar wind have originated from the edges of a pyramid.

171 The dynamic of stars explained in section 3 gives us the right to assume that the torus-shaped field of the Sun  
172 results from the dynamic interaction of two intersecting pyramids -one with top up, which simulates vortex, and  
173 the other with top down, which simulates anti-vortex. 11 Both pyramids are inscribed in a sphere (Fig. 7\*).

174 Since the activity of the sun is maximal in the equatorial area, which is 30° north and south of the equator,  
175 we must assume that the pyramid with top down intersects the pyramid with top up at a distance 30° from  
176 the equator. Then the area secluded between the sphere and the zone of intersection of the two pyramids  
177 approximates roughly the shape of a torus, which is the shape of the electromagnetic field of the Sun (Fig. 7  
178 \*). To explain the periodic changes in sol we must assume that the two pyramids are in dynamic equilibrium.  
179 But what could trigger this dynamic? Since the field of the sun is electromagnetic, electric or magnetic external  
180 influences could trigger its dynamic. Recent studies of the Sun found that its activity relates to magnetic changes.  
181 What could influence the sun magnetically?

182 All planets orbiting the sun have magnetic moments except Mars, which is an old and cold planet without  
183 liquid core and magnetic field (or magnetic moment). Then at symmetric alignments of the planets on both  
184 sides of the Sun when the magnetic moments of the planets sum up, we can expect strong symmetric magnetic  
185 influence on the sun, which can change the solar dynamic.

186 When the planets orbiting the sun are aligned on both sides of the sun (inferior conjunction), the strong symmetric  
187 magnetic influence of the planetary magnetic moments on the electromagnetic field of the Sun would make the  
188 Sun spin faster clockwise. Now the two holes of the donut-shaped field are spinning vortices, which suck energy  
189 in. The influx of energy and the increased spinning would bulge more the Sun at the equatorial zone of 30°  
190 up and down the equator. This would increase the turbulent activity at the equator of the Sun, which will be  
191 observed as increased number of solar spots or increased solar activity.

192 In our two-pyramid model, at inferior conjunction (alignment) of the planets at both sides of To explain the  
193 periodic changes in solar activity, we must assume that the two pyramids are in dynamic equilibrium. But what  
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203 increased spinning would bulge more up and down the equator. This would increase the turbulent activity at the  
204 ich will be observed as increased number of solar spots or increased solar activity.

205 pyramid model, at inferior conjunction (alignment) of the planets at both sides of the Sun, the symmetrical  
206 magnetic perturbation (from the sum-up magnetic moments of the planets) makes the two pyramids to go deep  
207 into each other, at which the solar equator bulges and the activity of the Sun increases. The last inferior  
208 conjunction took year 2005. It was a great planetary alignment including the big planets Jupiter and Saturn.  
209 Jupiter, Saturn, and five distant planets were aligned on one side of the Sun, while the Earth and Moon were on  
210 the other side.

211 This made the two pyramids go deep into each other, which increased the solar activity and the temperature  
212 on the planets orbiting the sun. On the Earth we called it global warming. Thus, the global warming started in  
213 2005 caused by inferior conjunction of planets and in this article we are going to tell you when it will end -it will  
214 end at superior conjunction of the planets. (Fig. ?? \* presents all the warming (the temperature maximums) in  
215 the last 10,000 years). Temperature changes on Earth in the last 11,000 years taken from study of the glaciers  
216 13 .

217 When all seven planets orbiting the sun are aligned at one side of the Sun (superior conjunction) and their  
218 magnetic moments sum up, the asymmetric magnetic influence of the planets on the electromagnetic field of the  
219 Sun would flip the magnetic poles. This means that the Sun would start spinning in opposite (counterclockwise)  
220 direction and emitting energy from its magnetic poles, which would elongate the sun toward the poles. In our  
221 model, this would correspond to distancing of the two pyramids.

222 The distancing of the two pyramids will be observed as pole-to-pole elongation of the Sun and energy emission  
223 through both magnetic poles at the two ends of the axis of spinning. This energy emission will end the increased  
224 solar activity, the turbulence at the equator will cease, and a period of very low solar activity will start. The  
225 periods of low or no solar activity will bring periods of low temperature (Ice Ages) on the planets orbiting the  
226 Sun (Fig. ?? \*). 13 Such superior conjunction is expected to take place in 2020 (astronomical prediction of  
227 NASA). Also, the NASA's Solar Dynamic Observatory (SDO) launched in orbit in 2010 to measure the shape of  
228 the Sun during one full cycle of solar activity (2010 -2022) would have the opportunity to record the changes in  
229 the shape of our sun caused by this superior conjunction, which will elongate the Sun toward its poles and seize  
230 the solar activity.

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231 Thus, the global warming will end in 2020 and our temperatures will start gradually dropping down and  
232 moving us to the next Mini Ice Age. Fig. ?? \* from study of the glaciers 11 shows that in the last 10,000 years  
233 the Earth had been through one Big Ice Age represented by the first deep temperature minimum and four Mini  
234 Ice Ages represented by four shallower minimums. The periodicity of Ice Ages is 2,562.5 years. 13 We can also  
235 determine the time when the global warming will end from Fig. ?? \* . Let us extrapolate the curve 11 of the  
236 last global warming and determine the time when the global warming, would end. We are getting for the end of  
237 the global warming the same year 2020, which was the year when all seven planets will align on one side of the  
238 Sun. When the global warming ends, the temperatures will start gradually rolling down shifting us to the next  
239 Mini Ice Age.

240 As said, the magnetic disturbance from the summed-up magnetic moments of all planets aligned at one side  
241 of the sun would flip up the magnetic poles of the Sun. As a result, the Sun would start spinning in opposite  
242 direction, become elongated toward the poles, emit some energy through them, and its activity would drop down  
243 to almost zero. The earth will start cooling drifting to the next Mini Ice Age.

244 The zigzag temperature curve on Fig. ?? \* means that at every temperature maximum (global warming),  
245 the Sun is active because it spins clockwise, sucks energy through both magnetic poles, bulges at the equator,  
246 and exhibits turbulence manifested with a set of vortices and anti-vortices, whose openings are observed as solar  
247 spots. At every temperature minimum (Ice Age), the solar activity is very low (close to zero) because the Sun  
248 spins counterclockwise, emits energy through both poles, and is pole-to-pole elongated.

249 We truly believe that NASA's Solar Dynamic Observatory (SDO) 14 will confirm our predictions that during  
250 warming periods (global warming) the solar activity is high because our Sun spins fast clockwise and sucks energy  
251 in through both magnetic poles. The fast spinning makes it bulged at the equator and increases its turbulence.  
252 During the cold periods (Ice Ages), the solar activity is low or zero because our Sun spins counterclockwise and  
253 emits energy through both magnetic poles, which makes it elongated toward the poles.

## 254 5 VI. Conclusions

255 In this article, we showed that at great planetary alignments (which include the big planets Jupiter and Saturn),  
256 when five distant planets are aligned on one side of the Sun and the Earth and Moon are on the other side, the  
257 summed-up magnetic moments of the planets perturbs the Sun symmetrically on both sides. In our two-pyramid  
258 model, the two pyramids go deeper into each other, the Sun spins faster, bulges at the equator, its turbulence  
259 increases, i.e. the solar activity increases, and this leads to global warming on the planets orbiting the Sun. Such  
260 inferior conjunction of the planets took place in the year 2005 and this is what started the global warming, which  
261 we experience now.

262 At great alignment, when all seven planets including the Moon are aligned on one side of the Sun in superior  
263 conjunction (year 2020 during solstice), the strong asymmetric perturbation could be expected to flip the magnetic  
264 poles of the Sun and the two pyramids would distance each other. This would elongate the shape of the Sun  
265 toward the poles, some energy would be emitted through them, and the solar activity would drop down to almost  
266 zero. Thus, the global warming we experience now will end on December 21, 2020 when all the planets orbiting  
267 the Sun will align on one side of the Sun (NASA prediction). The temperatures will start gradually dropping  
268 shifting us to the next Mini Ice Age (this will be the subject of another article offering a mathematical model of  
269 it).

270 Only a scenario like this could explain the zigzag periodic temperature changes observed on Earth through  
271 study of the glaciers (Fig. ?? \* ). 13 Fig. ?? \* can also be used to predict through extrapolation the year in  
272 which the global warming will end and we will start gradually shifting from global warming to cooling, which  
273 will lead us to the next Mini Ice Age. The result of this extrapolation is -the year 2020 will be the year of the  
274 dramatic change from warming to cooling.

275 We are certain that the NASA's Solar Dynamic Observatory (SDO), launched in space in 2010 to measure the  
276 shape of the Sun during one full cycle of solar activity 14 , will confirm the predicted here bulging at the solar  
277 equator during solar activity and pole-to-pole elongation during the period of low or no solar activity. This was  
278 already confirmed in the experiments with super-fluid fast-spinning Helium nanodroplets. 2 Another article will  
279 present a mathematical model describing the solar dynamics. <sup>1 2</sup>

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<sup>1</sup>© 2019 Global Journals Why Solar Cycles? Modeling the Dynamics of Solar Activity

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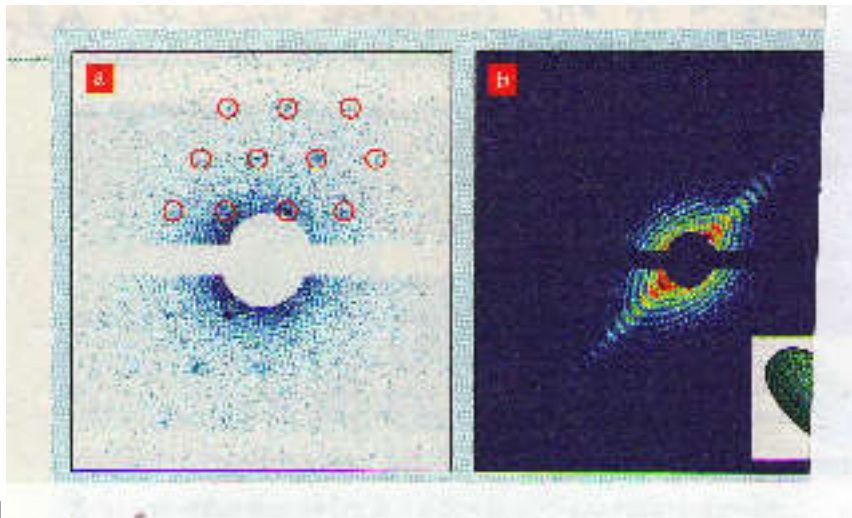


Figure 1: Fig. 1 \*

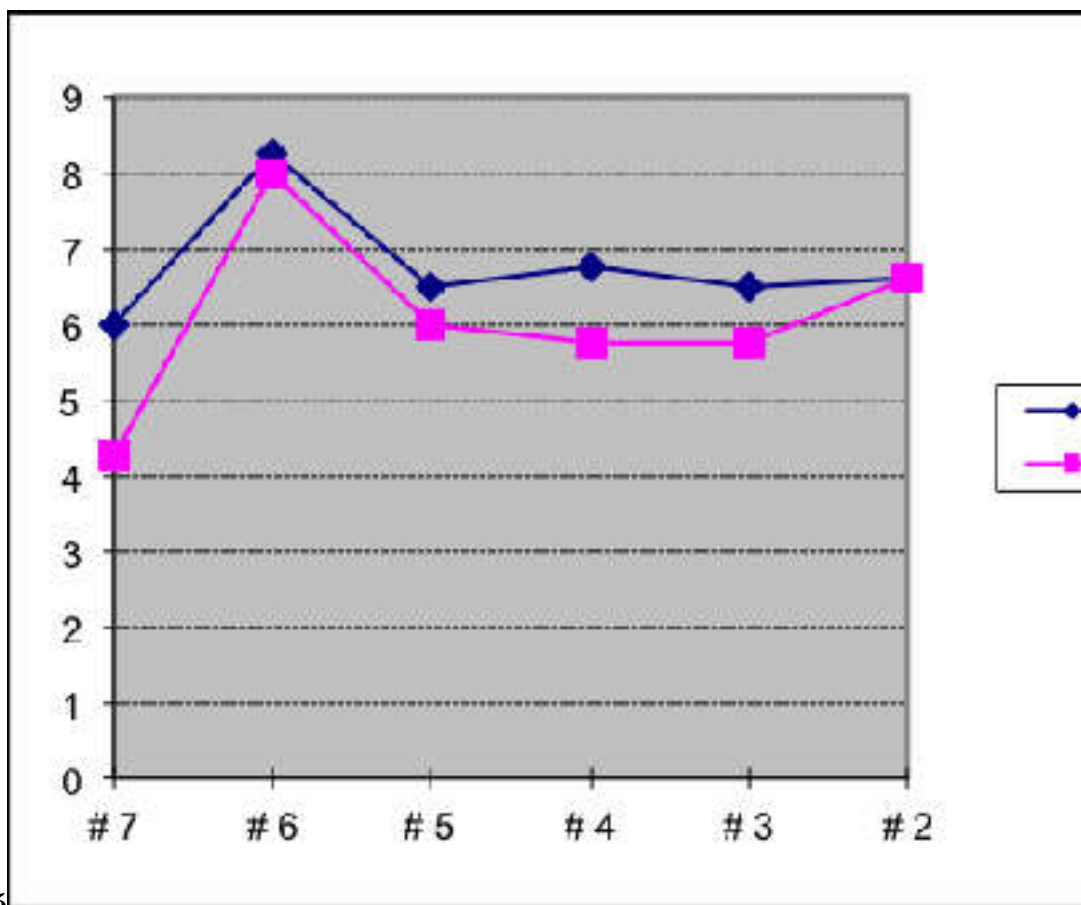


Figure 2: Fig. 2 \* - 5 \*

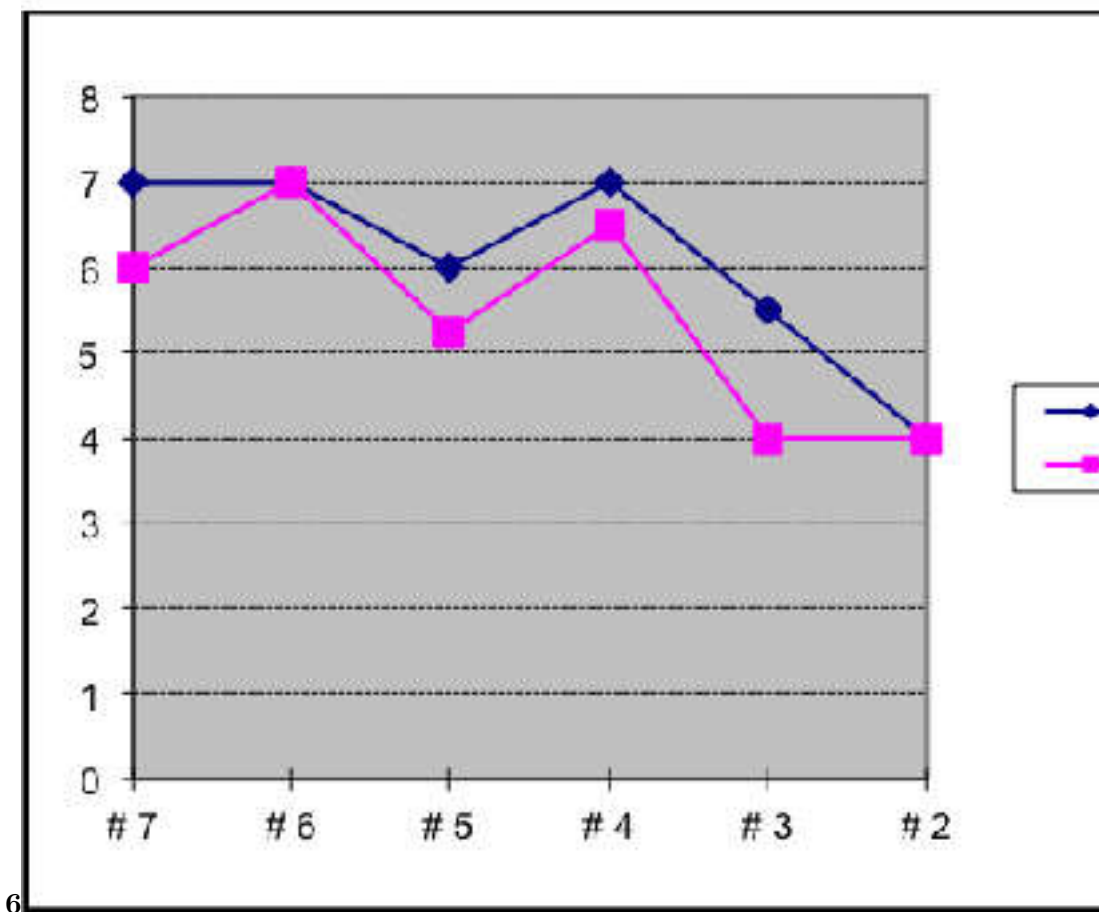


Figure 3: Fig. 6 \*

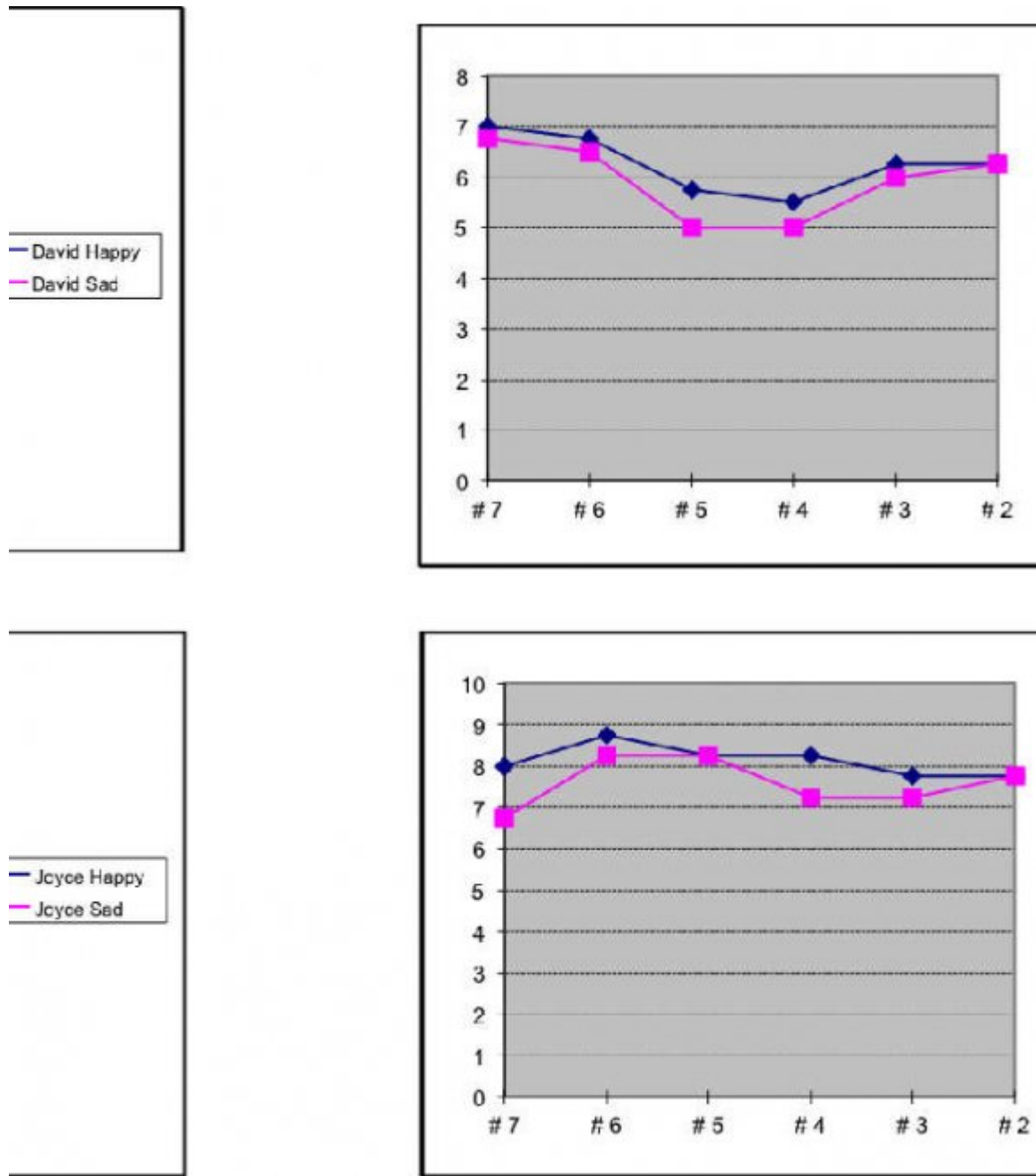
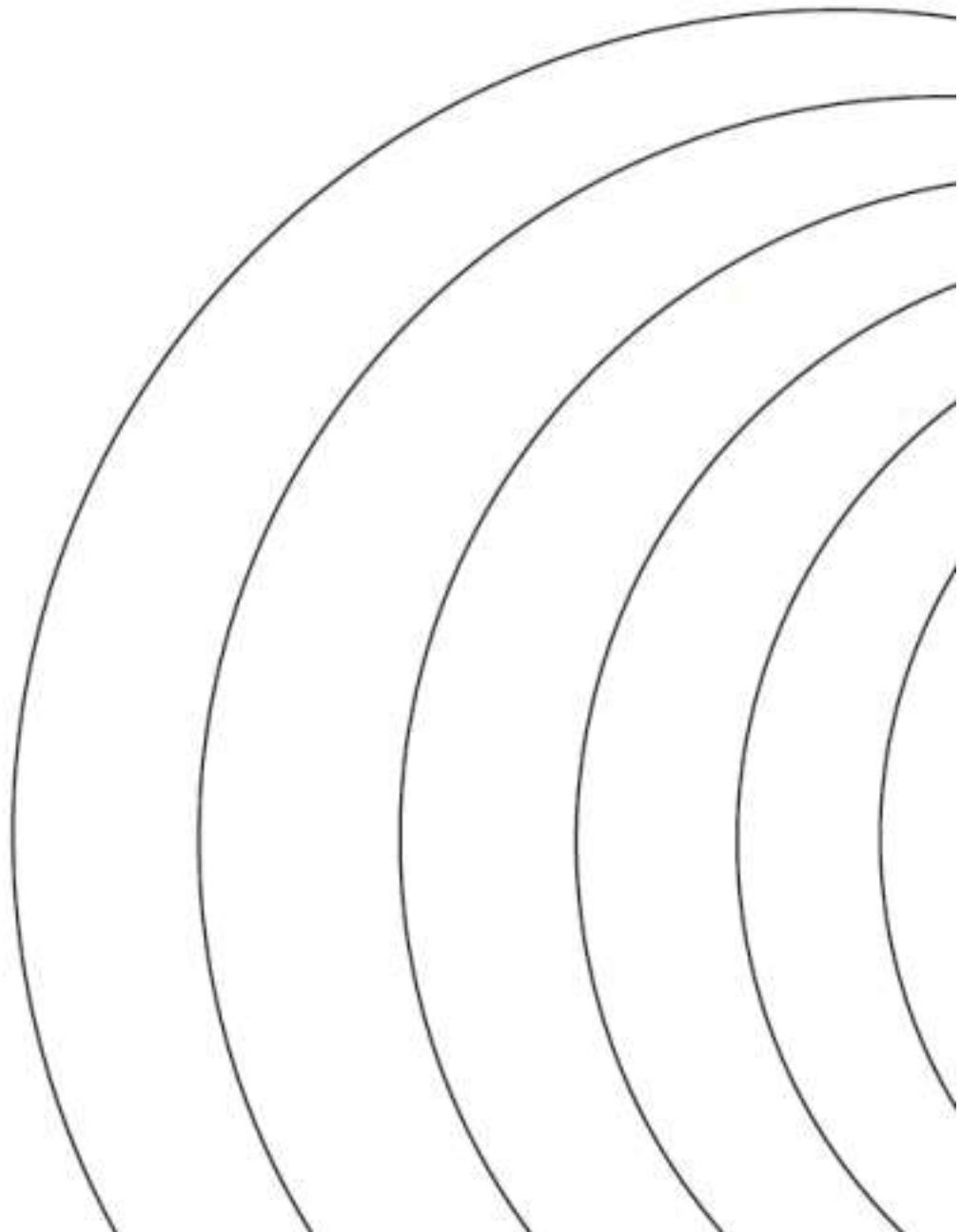


Figure 4:







7

Figure 6: Fig. 7 \*

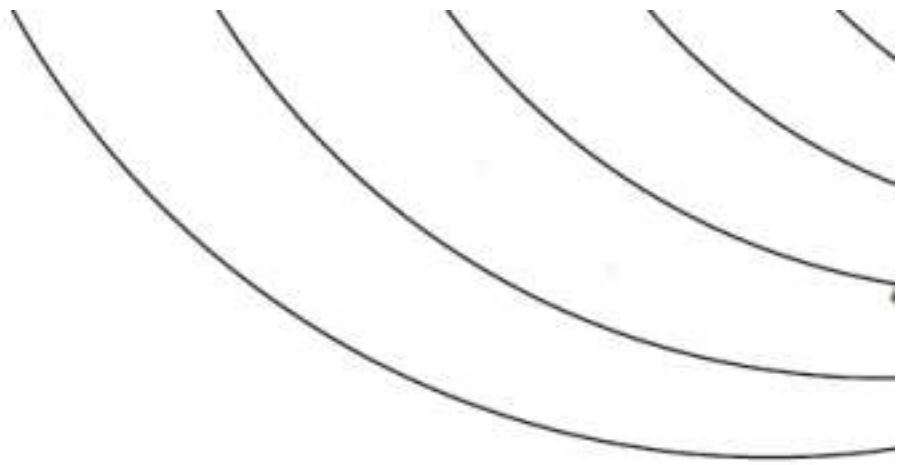


Figure 7:



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